



AGENDA
BIRMINGHAM AD HOC AGING IN PLACE COMMITTEE
Wednesday, October 25, 2023
BIRMINGHAM CITY HALL, 151 MARTIN STREET, CONFERENCE ROOM 202
BIRMINGHAM, MI
4:00 PM

1. Call to Order
2. Roll Call
3. Approval of Minutes
 - a. Minutes of September 27, 2023 Regular Meeting
 - b. Minutes of October 11, 2023 Workshop
4. Guest Speakers: None
5. New Business
 - a. Discussion/Edit of Ad Hoc Aging in Place Community Survey
 - i. Version 1
 - ii. Version 2
 - b. Discussion - Distribution of Ad Hoc Aging in Place Community Survey
6. Open to the Public for Items Not on the Agenda
7. Miscellaneous Communications
 - A. Ad Hoc Aging in Place Community Survey - Version 1
 - B. Ad Hoc Aging in Place Community Survey - Version 2 (Revised)
8. Announcements
9. Adjournment

Link to Access Virtual Meeting: <https://bhamgov-org.zoom.us/j/82275236303>

Telephone Meeting Access: (877) 853-5247 (US Toll-Free)

Meeting ID Code: 822 7523 6303

*Please note that board meetings will be conducted in person. Members of the public can attend in person at Birmingham City Hall, 151 Martin Street, Birmingham, MI.

NOTICE: Individuals requiring accommodations, such as interpreter services for effective participation in this meeting should contact the City Clerk's Office at (248) 530-1880 at least two days prior to the public meeting.

Las personas que requieren alojamiento, tales como servicios de interpretacion, la participacion efectiva en esta reunion deben ponerse.

Ad Hoc Aging in Place Community Survey

Directions: Please Circle the Answer(s) that Apply to You

Please Mail to the City of Birmingham

Senior Community Survey (151 Martin, Birmingham, MI 48009)

Or

Drop off at the City of Birmingham Drop Box or Clerk's Office at City Hall

1. Are you a resident of Birmingham? Yes No
2. What is your age? a. Under 35 b. 36-45 c. 46-55 d. 56-65 e. 66-75 f. Over 75
3. How would you rate Birmingham as a city to age in? Excellent Good Fair Poor
4. How important is it for you to remain in the City as you age? Very Somewhat Not Very
5. Do you feel Birmingham has enough outdoor space (green space, open areas)? Yes No
6. Do you feel Birmingham has enough civic destinations (buildings, parks) to visit? Yes No
7. How important is it to you to stay in your current residence? Very Somewhat Not Very
8. Are you able to modify your current residence to allow you to age in place? Yes No
9. Can you maintain your own residence? Yes No
10. Do you have concerns about aging in your current home? If yes, what concerns you?
 - a. Being alone b. Unable to take care for yourself c. Stairs or other physical barriers
 - d. Unable to afford to live in home e. Feeling isolated from others
11. Do you need help with routine maintenance (grass cutting, snow removal)? Yes No
12. Are minor home repairs difficult for you to take care of (appliances, furnace)? Yes No
13. Do you think the City offers enough of a variety of living options for seniors? Yes No
14. If available, would you consider other forms of alternative residential living? Yes No
15. An accessory dwelling unit (ADU) is an addition to a single-family home or a detached unit that enables families to live together (yet apart), or a smaller living space for empty nesters who want to rent their larger house. ADUs are currently not permitted in the City of Birmingham, but may be considered per the Citywide Master Plan for 2040. Would you like to see ADUs in Birmingham?
 - a. Yes b. No c. Maybe
16. Is transportation an issue for you? Yes No
17. What is your primary form of transportation? Car Bus Taxi Family Walk Bicycle Other
18. Do you feel you have access to meet your daily living needs within the City? Yes No
19. Would you like to see the City provide transportation within the City to seniors? Yes No
20. Do you feel safe in your residence? Yes No
21. Is your health a detriment to your ability to live in your residence? Yes No
22. Do you feel that you have adequate accessibility to health care? Yes No
23. Do you have a support system in place to assist you in aging? Yes No
24. Do you know where to go or who to speak with if you need assistance? Yes No
25. Do you feel the City's police, fire and public services meet your needs? Yes No
26. Do you feel prepared to handle an emergency at your residence? Yes No
27. Do you feel that you have an active social life? Yes Somewhat No
28. Do you feel connected to the community in some form? Yes Somewhat No
29. What is your primary source of City information?
 - a. City Print Newsletters b. City Website c. Social Media d. Family/Friends/Neighbors
30. Do you want more information about senior services or opportunities? Yes No
31. Would you like to receive a call on a weekly basis to check on your welfare? Yes No
32. Would you volunteer your time to assist others in receiving communications? Yes No
33. Are you familiar with Next, the City's primary senior services provider? Yes No

34. Which of the following Next services do you participate in?
a. Fitness b. Lectures/Discussions c. Art Class d. Cards/Games e. Support Services
35. Do you feel the City does an adequate job of publicizing senior services? Yes No
36. Do you support the City using the YMCA as a senior/community center? Yes No
37. Would you support a senior millage (one mill or less) to support senior services Yes No
38. Do you feel that you are financially prepared to age? Yes No
39. Are you engaged in any type of civic activity (volunteer, charity work)? Yes No
40. Are you employed? Yes (Full Time) (Part Time) No
41. Do you want to or would you consider re-entering the workplace? Yes No Maybe
42. In the space below, please explain any information that you would like the Ad Hoc Aging in Place Committee to consider as an aging in place action plan is developed:



ACTION PLAN FOR SENIORS

Share your feedback about an action plan to improve the health, safety and welfare of senior citizens in Birmingham. Whether you are a senior or know of seniors within our community, your feedback is important!

Did you know?

The U.S. Centers for Disease Control and Prevention defines aging in place as "the ability to live in one's own home and community safely, independently, and comfortably, regardless of age, income, or ability level".

Help us prepare a plan to ensure seniors may age in place comfortably when the time comes.

If you are not a senior, please complete this survey from the perspective of a senior you know.

Birmingham has charming tree-lined neighborhoods, award winning parks and golf courses, trail system and a historic downtown with movie theatres, stores and restaurants. What do you enjoy most about Birmingham?

- | | | |
|---|---|--|
| <input type="checkbox"/> Art Sculptures | <input type="checkbox"/> Walkable & Historic Downtown | <input type="checkbox"/> Safe and friendly neighborhoods |
| <input type="checkbox"/> Parks and Trail System | <input type="checkbox"/> Community Activities (parade, Farmers Market, Tree Lighting, etc.) | <input type="checkbox"/> Variety of stores and restaurants |
| <input type="checkbox"/> Baldwin Library | | <input type="checkbox"/> The Birmingham Museum |

Demographics

What is your zip code? _____

Gender: _____

Number of people living in your home: _____

Circle your age range: a. Under 35 b. 36-45 c. 46-55
d. 56-65 e. 66-75 f. 75-85 g. Over 85

Are you employed? Full-time Part-time No
If no, would you like to re-enter the workforce? _____

Birmingham & Your Needs

Circle the number which best describes your feelings about the statements below.

I am familiar with Next, a nonprofit organization that is the City's primary senior services provider.

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
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1 2 3 4 5

I participate in Next activities, such as lectures, fitness and art classes, card games and support services.

1 2 3 4 5

It is important for me to remain in Birmingham as I age; it is a wonderful City to grow older in.

1 2 3 4 5

I feel the City's police, fire and public services meet my needs.

1 2 3 4 5

I have a support system in place to assist me as I age.

1 2 3 4 5

I am financially prepared to age in place.

1 2 3 4 5

I have adequate health care and am healthy enough to live at my residence.

1 2 3 4 5

I would support an annual senior millage (one mill or less) to support ongoing senior services.

1 2 3 4 5

Do you need help with the following?

- | | | |
|--|---|---|
| <input type="checkbox"/> Grass Cutting | <input type="checkbox"/> Minor Home Repairs | <input type="checkbox"/> Transportation |
| <input type="checkbox"/> Snow Removal | <input type="checkbox"/> Other: _____ | |

Transportation

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Transportation is not a problem for me.	1	2	3	4	5
I would like the City to provide transportation such as a circulator bus transit or trolley.	1	2	3	4	5

Housing

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
It is important to stay in my current residence as I age.	1	2	3	4	5
I am able to modify my residence so I may age in place.	1	2	3	4	5
I feel safe in my residence.	1	2	3	4	5
The City offers enough variety of living options for seniors.	1	2	3	4	5
An accessory dwelling unit (ADU) is an addition to a single-family home or a detached unit that enables families to live together (yet apart), or a smaller living space for empty nesters who want to rent their larger house. I would like to see ADUs or other forms of alternative residential living in Birmingham.	1	2	3	4	5

Do you have concerns about aging in your current home? If yes, what concerns you? (Circle all that apply.)

- a. Being alone b. Unable to take care for yourself c. Stairs or other physical barriers
 d. Unable to afford to live in home e. Feeling isolated from others

f. Other: _____ (Attach additional pages if needed.)

Social & Civic Engagement

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Birmingham has enough civic destinations and outdoor space (buildings, parks, etc.).	1	2	3	4	5
I feel it is important to volunteer.	1	2	3	4	5
I am satisfied with my social life and feel connected to the City.	1	2	3	4	5
I would like to volunteer my time to assist others.	1	2	3	4	5
Contact info (optional): _____					

Communications

What is your primary source of City information?

- a. City Print Newsletters b. City Electronic Newsletters/Eblasts c. City Website d. Social Media
 e. Family/Friends/Neighbors

If you would like more information about senior services, or frequent calls to check on your welfare, please provide your contact information (optional): _____

If you have additional information you would like us to consider as we develop an action plan to help seniors age in place, please add additional pages or email clemencem@bhamgov.org.

If you would like to be contacted regarding senior services, list your name and contact information here (optional): _____

Submit Your Survey

- 1: Snail Mail: City of Birmingham Attn: Senior Survey, 151 Martin Street, Birmingham, MI 48009
- 2: Drop Off: City Hall drop boxes, City Clerk's Office, Baldwin Library or Next (2121 Midvale Street)
- 3: Engage Birmingham - Submit this survey online at engage.bhamgov.org

